



South East Landbased  
Training Courses LLP

## FORESTRY & ARBORICULTURE | TREE CLIMBING AND AERIAL RESCUE

5 Day training followed by City & Guilds NPTC assessment. Suitable for candidates who are required to access and work in trees using rope and harness, rescue an injured climber from the crown of a tree or from a standing pole and are currently inexperienced in climbing trees.

### COURSE CONTENT

- Introduction
- Risk Assessment and Legislation
- Working with Knots and Rope
- Access tree and movement around tree
- Aerial Rescue methods
- Work positioning techniques

### EQUIPMENT REQUIRED

#### Protective Equipment:

- Chainsaw/climbing boots (*HSE Recommended to BS EN 12492*)
- Chainsaw gloves (optional)
- Chainsaw helmet with visor (*HSE Recommended mountaineering style helmet complying with BS EN 12492*) and chin strap
- Chainsaw trousers – Type C all round leg protection
- Personal First Aid Kit (with whistle & knife with retractable blade)
- A waterproof coat and over-trousers (course will continue even in rain).

#### Climbing Equipment:

- Your own climbing and rigging equipment which must be LOLER compliant  
*please bring LOLER Certificate with you to training and assessment*
- Tree climbing harness, two climbing lines (30m+), adjustable lanyard, 6 karabiners (triple action, self-locking), 4 prussik loops or friction cord, spikes

 [www.seltc.co.uk](http://www.seltc.co.uk)

Socialise with us:



#### Contact Us:

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**PRE-REQUISITES:** Candidates must be physically fit & age over 16 years

**FURTHER INFORMATION:** [www.nptc.org.uk](http://www.nptc.org.uk)  
All of our courses can be accredited by either NPTC or LANTRA, depending on the level of accreditation you require

### PROGRESSION COURSE SUGGESTIONS:



Chainsaw Maintenance and Crosscutting Refresher



Felling & Processing of Trees Refresher



Operate a Chainsaw from Rope & Harness



Safe Use of Mobile Elevated Work Platform



Manually Fed Brushwood Chipper



Powered Pole Pruner



Safe Use of Brushcutters

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