

## MACHINERY | LIFT TRUCKS - ROUGH TERRAIN TELESCOPIC

This training course has been developed to help you understand how to operate a rough terrain telescopic lift truck (tele handler) safely. The amount of instruction you will require will depend largely upon your previous experience and sessions will be adapted to meet your needs.

The training course will consist of theory and practical sessions, followed by either City & Guilds NPTC or LANTRA assessment.

### COURSE CONTENT

- Health and safety
- Legislation
- Controls and pre-start checks
- Operating the lift truck
- Manoeuvring and transporting
- Stacking and de-stacking
- Parking
- Use of boom/stabilisers/levelling
- Use of attachments

### EQUIPMENT REQUIRED

#### Protective Equipment:

- Steel toe capped protective boots with good grip and ankle support (complying with EN 345-1)
- Non-snag outer clothing appropriate to the prevailing weather conditions
- High-visibility clothing may also be appropriate

**PRE-REQUISITES:** Candidates over 16 years

**FURTHER INFORMATION:** [www.nptc.org.uk](http://www.nptc.org.uk) /  
[www.lantra.co.uk](http://www.lantra.co.uk)

All of our courses can be accredited by either NPTC

 [www.seltc.co.uk](http://www.seltc.co.uk)

Socialise with us:



**Contact Us:**

[info@seltc.co.uk](mailto:info@seltc.co.uk)

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The Old Bakery, High Street, Blackboys East Sussex TN22 5JX



South East Landbased  
Training Courses LLP

or LANTRA, depending on the level of accreditation  
you require

**PROGRESSION COURSE SUGGESTIONS:**



Lift Trucks – Counterbalance



Self-Propelled Ride on Mowers



Handheld Hedgecutters



Brushcutters and or Trimmers



Chainsaw Maintenance and Crosscutting



Emergency First Aid at Work + Forestry

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