



South East Landbased
Training Courses LLP

FIRST AID | EMERGENCY FIRST AID AT WORK + FORESTRY

1 Day Emergency First Aid at Work (EFAW) training and assessment is offered with the optional inclusion of a course to include additional subjects faced by first aiders who work in Forestry, Arboriculture or within the wider landbased industries.

COURSE CONTENT

- The ability to act safely and effectively when an accident or emergency occurs
 - The treatment and priorities of care for an unconscious patient
 - The recognition and treatment of a person in seizure
 - The recognition of cardiac arrest and delivery of cardio-pulmonary resuscitation (CPR)
 - The ability to recognise and safely treat a patient who is choking
 - The ability to safely and promptly treat a patient who is bleeding
 - The keeping of simple records following an accident at work
- Additional subjects included in the EFAW for Forestry Operations course are:
- Falls from Height
 - Major bleeding & chainsaw injuries
 - Crush Injuries
 - Suspension Trauma
 - Lymes disease

EQUIPMENT REQUIRED

Protective Equipment:

- suitable clothing to demonstrate an ability to resuscitate a person on the floor

PRE-REQUISITES: Candidates must be reasonably agile & age over 16 years

FURTHER INFORMATION:
www.worksafetraining.co.uk

 www.seltc.co.uk
Socialise with us:    

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