



South East Landbased
Training Courses LLP

MACHINERY | LIFT TRUCKS – COUNTERBALANCE

This course will equip you with the knowledge and confidence to operate the machine safely, protecting both you and those around you. This course offers three certificate options depending on your needs:

- B1 - up to, and including 5,000kg
- B2 - 5,001kg up to, and including 15,000kg
- B3 - over 15,000kg

The training course will consist of theory and practical sessions, followed by either City & Guilds NPTC or LANTRA assessment.

COURSE CONTENT

- Health and safety
- Legislation
- Controls and pre-start checks
- Operating the counter balance lift truck
- Manoeuvring and transporting
- Stacking and de-stacking
- Parking

EQUIPMENT REQUIRED

Protective Equipment:

- Steel toe capped protective boots with good grip and ankle support (complying with EN 345-1)
- Non-slag outer clothing appropriate to the prevailing weather conditions
- High-visibility clothing may also be appropriate

 www.seltc.co.uk

Socialise with us:



Contact Us:

info@seltc.co.uk

07752 098849 / 07437 601161

The Old Bakery, High Street, Blackboys East Sussex TN22 5JX





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PRE-REQUISITES: Candidates over 16 years

FURTHER INFORMATION: www.nptc.org.uk/
www.lantra.co.uk

All of our courses can be accredited by either NPTC or LANTRA, depending on the level of accreditation you require

PROGRESSION COURSE SUGGESTIONS:

 Lift Trucks – Rough Terrain Telescopic

 Self-Propelled Ride on Mowers

 Handheld Hedgecutters

 Brushcutters and or Trimmers

 Chainsaw Maintenance and Crosscutting

 Emergency First Aid at Work + Forestry

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